# The prevalence of lymph node metastases in low-grade endometrial carcinoma

Pernille Bjerre Trent, MD Norwegian Radium Hospital, Oslo University Hospital University of Oslo NSGO Annual meeting, November 28-29th 2024 Karolinska Insitutet, Stockholm, Sweden







### **Conflict of interests**

• None



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#### Surgical Pathologic Spread Patterns of Endometrial Cancer

#### A Gynecologic Oncology Group Study

WILLIAM T. CREASMAN, MD,\* C. PAUL MORROW, MD,† BRIAN N. BUNDY, PHD,‡ HOWARD D. HOMESLEY, MD,§ JAMES E. GRAHAM, MD,∥ AND PAUL B. HELLER, MD¶







Surgical Pathologic Spread Patterns of Endometrial Cancer

A Gynecologic Oncology Group Study

• 43 institutions

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- Central review
- Clinical stage I
- TAH, BSO, selective PLND + PALND+ peritoneal cytology
- n= 621 patients (1977-1983)



# Background

TABLE 4. Frequency of Nodal Metastasis Among Risk Factors

		Р	elvic	A	ortic
Risk facto	рг	No. (%)	Significance (p-value)	No. (%)	Significance (p-value)
Stage Ia (N = 346) Ib (N = 275)		23 (7%) 35 (13%)	0.01	11 (3%) 23 (8%)	0.008
Histology Adenocarcinoma Adenocanthoma Adenosquamous Others	(N = 459) (N = 41) (N = 99) (N = 99)	40 (9%) 4 (10%) 12 (12%) 2 (9%)	0.8	21 (5%) 0 (0%) 9 (9%) 4 (18%)	0.006
Grade I Well 2 Moderate 3 Poor	(N = 180) (N = 288) (N = 153)	5 (3%) 25 (9%) 28 (18%)	<0.0001	3 (2%) 14 (5%) 17 (11%)	<0.0007
Myometrial Invasion Endometrial only Superficial Middle Deep	(N = 87) (N = 279) (N = 116) (N = 139)	f (1%) 15 (5%) 7 (6%) 35 (25%)	<0.0001	1 (1%) 8 (3%) 1 (1%) 24 (17%)	<0.0001
Peritoneal Cytology Negative Positive	(N = 537) (N = 75)	38 (7%) 19 (25%)	<0.0001	20 (4%) 14 (19%)	<0.0001
Site of Tumor Locati Fundus Isthmus-Cervix	on (N = 524) (N = 97)	42 (8%) 16 (16%)	0.01	20 (4%) 14 (14%)	0.0001
Adnexal Involvement Positive Negative	(N = 34) (N = 587)	11 (32%) 47 (8%)	0.0001	7 (20%) 27 (5%)	0.0003
Other Extrauterine M Positive Negative	letastasis (N = 35) (N = 586)	18 (51%) 40 (7%)	0.0001	8 (23%) 26 (4%)	0.0001
Capillary-Like Space Positive Negative	Involvement (N = 93) (N = 528)	21 (27%) 37 (7%)	0.0001	15 (19%) 19 (9%)	0.0001
Menopausal status Premenopause Postmenopause	(N = 58) (N = 549)	4 (7%) 54 (10%)	0.6	1 (2%) 32 (6%)	0.3



# Background

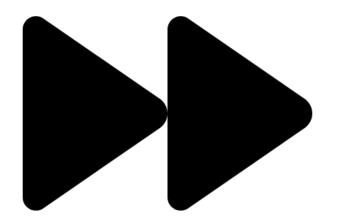
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#### **Fast forward**



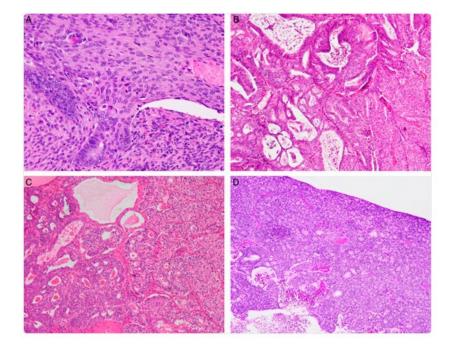
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### What is low-grade?

• Endometroid grade 1 and 2 = low-grade



Soslow et al. 2018





# What is low risk?

- Low-grade≠low risk
- Endometroid grade 1 and 2 = low-grade
- Myoinvasion?
- LVSI?
- Molecular features?

TABLE 8.	Determination of Risk Factors for Nodal Metastasis

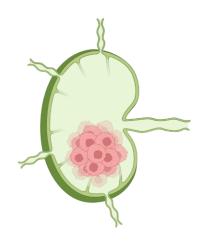
	Lymph node metastasis				
Risk factor	Pelvic	Aortic			
Low Risk					
(No moderate or high risk factors)					
Grade 1, endometrium only, no intraperitoneal					
disease	0/44 (0%)	0/44 (0%)			
Moderate Risk					
(Inner mid invasion, Grade					
2 or 3—no					
intraperitoneal disease)	4/159 (20)	2/159/201			
Only one factor Both factors	4/158 (3%)	3/158 (2%)			
Both factors	15/268 (6%)	6/268 (2%)			
High Risk					
(Intraperitoneal disease, deep myometrial invasion)					
Deep invasion only	21/116 (18%)	17/116 (15%)			
Intraperitoneal disease only	4/12 (33%)	1/12 (8%)			
Both	14/23 (61%)	7/23 (30%)			

Creasman et al. 1987, GOG-33



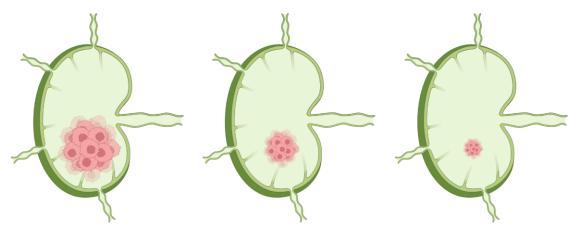






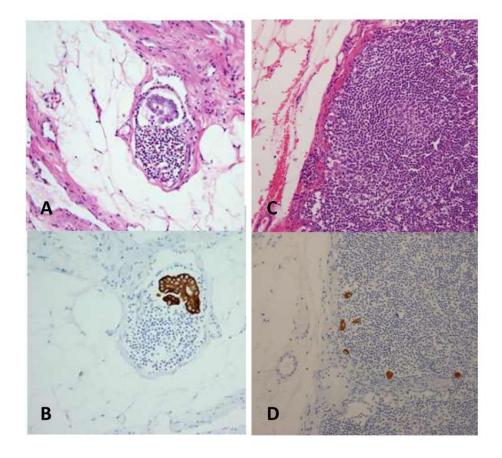
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Macrometastasis: >2mm

Micrometastasis: ≤2mm - >0.2mm Isolated tumor cells (ITC): a small cluster of cancer cells with a diameter of no greater than 0.2 mm or 200 cells

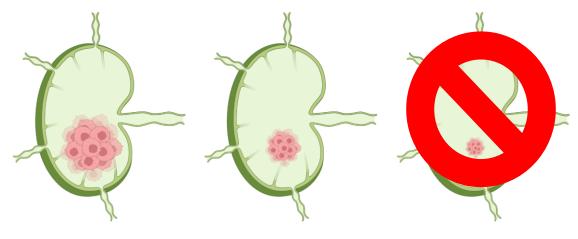


H&E stain vs immunohistochemistry

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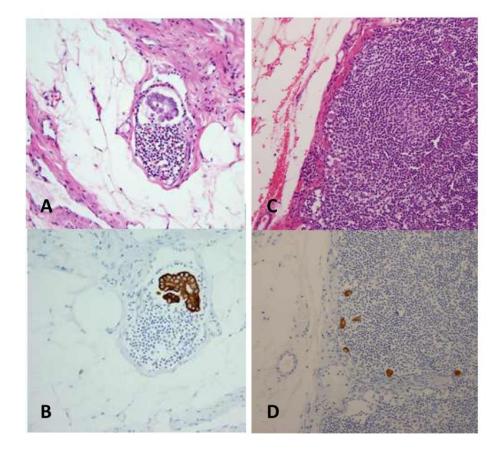
Kim et al. 2013





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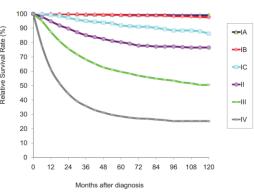
- Define risk groups
- Compare
- Allocate patients towards correct adjuvant therapy



# Why is it important to know the lymph node status also in low-grade tumors?

- Define risk groups
- Compare
- Allocate patients towards correct adjuvant therapy
- Stage remains an important prognostic factor
- Role of ITCs remain unknown



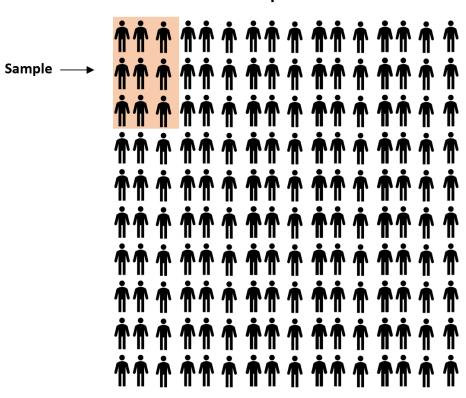


Cancer Survival Among Adults: U.S. SEER Program, 1988-2001





• Large, unselected population



Population

Image: statology.org





• Large, unselected population









Study	n	Metastatic	G1/2	G1/2	Comment
		nodes	<50% MI	≥50% MI	





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\*Pelvic only



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DNR (unpublished)	574	6% (37/574) 14% (31/216)	2% (6/341) 9% (11/123)	13% (31/233) 22% (20/93)	Excl ITCs Incl ITCs**

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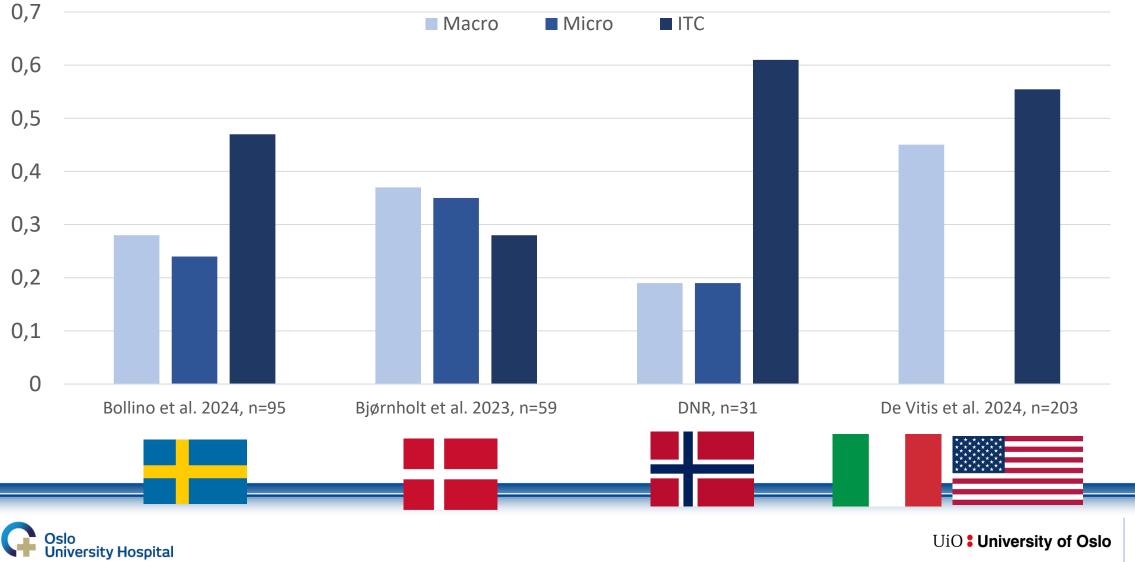


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De Vitis 2024	2094	<mark>4% (91/2094)</mark> 10% (212/2094)	2% (32/1770) 6% (99/1770)	18% (59/324) 34% (113/324)	Excl ITCs Incl ITCs	*Pelvic onl





#### Size of metastases







- The prevalence of macro- or micrometastases in low-grade endometrial carcinoma is 2-18% depending on myometrial invasion
- Including ITCs the prevalence is 6-34% depending on myometrial invasion
- To be established: the role of ITCs







**Thank you!** 

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